

LUNCH

{GF} gluten free  
{DF} dairy free  
{V} vegan  
{VA} vegan adaptable



Sunday: 10am-9pm  
Monday - Thursday: 11am-9pm  
Friday: 11am-10pm  
Saturday: 10am-10pm

STARTERS & SIDES

|                                                                                     |      |
|-------------------------------------------------------------------------------------|------|
| SOUP OF THE DAY .....                                                               | \$9  |
| VEGAN CHILI {GF, V} .....                                                           | \$9  |
| 125   3   21   5   6                                                                |      |
| HUMMUS {V} .....                                                                    | \$18 |
| olive, chermoula, pine nut, vegetables, sourdough                                   |      |
| 580   22   83   20   18                                                             |      |
| EDAMAME {GF, V} .....                                                               | \$12 |
| sea salt & lemon or spicy                                                           |      |
| 280   12   39   7   4                                                               |      |
| CRISPY POTATOES {GF, VA} .....                                                      | \$10 |
| crème fraîche, garlic, herbs, chives                                                |      |
| 480   30   56   6   6                                                               |      |
| GRILLED CHICKEN WINGS {GF} .....                                                    | \$16 |
| choice of:<br>· korean dry rub with sweet chili lime {DF}<br>· house bbq with ranch |      |
| 420   11   55   17   0                                                              |      |
| CURRIED CAULIFLOWER {GF, VA} .....                                                  | \$13 |
| ras el hanout, tikka sauce, pickled raisins                                         |      |
| 180   4   23   5   5                                                                |      |
| SESAME CARROTS {GF, VA} .....                                                       | \$11 |
| tahini yogurt                                                                       |      |
| 130   6   16   6   3                                                                |      |
| SEARED BROCCOLI {GF, VA} .....                                                      | \$11 |
| garlic, lemon, chili, parmesan, pine nuts                                           |      |
| 200   14   17   10   7                                                              |      |

\*These items are served raw or undercooked or may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food born illness, especially if you have certain medical conditions.

\*\*Wild mushrooms are not an inspected product and are harvested from a non inspected site.

NUTRITIONAL INFORMATION

from left to right, the numbers under each menu item represent:  
calories | fat | carbohydrates | protein | fiber

SALADS

MIXED GREENS {GF, VA}

spring mix, chèvre, dried cranberries, pepitas, ground flax seed, red wine vinaigrette

250 | 20 | 13 | 7 | 3

- \$13 -

BABY KALE {GF, VA}

manchego, pine nut, lemon-chili vinaigrette

230 | 26 | 17 | 9 | 3

- \$13 -

DUCK CONFIT CAESAR

radicchio, grana padano, breadcrumb, prunes, chives

810 | 66 | 33 | 25 | 3

- \$18 -

GRILLED SHRIMP SALAD\* {GF, DF}

green papaya, mango, kelp noodles, 5 spice peanuts, micro cilantro

345 | 10 | 30 | 40 | 6

- \$21 -

STEAK SALAD\* {GF}

aleppo marinade, roasted vegetables, feta, avocado, tomato vinaigrette, oregano goddess\*

490 | 27 | 36 | 37 | 12

- \$24 -

CONFIT CHICKEN COBB {GF}

romaine, onion, tomato, bleu cheese, avocado, egg, bacon, red wine vinaigrette

580 | 41 | 18 | 35 | 4

- \$19 -

ADD PROTEIN

CHICKEN BREAST {GF} .....

190 | 3.5 | 0 | 36 | 0

GRILLED SALMON\* {GF} .....

230 | 14 | 0 | 25 | 0

TERES MAJOR STEAK\* {GF} .....

250 | 15 | 0 | 28 | 0

GRILLED GARLIC SHRIMP\* {GF} .....

135 | 3 | 1 | 27 | 0

Menu items reflect cash prices.  
Payments made by credit card are subject to a 3% convenience fee.

HANDHELDS

served with  
side salad

BREAKFAST BURRITO\*

scrambled egg, black bean, potato, pico de gallo, cheddar, avocado, harissa aioli

600 | 40 | 42 | 20 | 14

- \$18 -

SALMON BURGER\*

lettuce, tomato, onion, avocado, aioli

850 | 65 | 30 | 38 | 6

- \$21 -

FELLERS RANCH WAGYU SMASH BURGER\*

cheddar, lettuce, tomato, onion, special sauce

880 | 56 | 37 | 57 | 4

- \$21 -

BISON BURGER\*

lettuce, tomato, onion, guacamole, lemon aioli

add cheese +\$1, egg +\$2,

bacon +\$3

800 | 54 | 33 | 44 | 7

- \$23 -

FALAFEL BURGER

house falafel patty, lettuce, tomato, red onion, tzatziki, harissa aioli

870 | 41 | 90 | 39 | 18

- \$19 -

SHRIMP TACOS\* {GF}

grilled shrimp, slaw, avocado, corn tortillas

600 | 29 | 44 | 37 | 8

- \$24 -

TURKEY AVOCADO

smoked turkey, lettuce, tomato, onion, avocado, aioli

470 | 21 | 59 | 16 | 9

- \$18 -

MEDITERRANEAN WRAP

grilled chicken, tomato, onion, cucumber, harissa, tzatziki

430 | 20 | 25 | 39 | 6

- \$19 -



Northern  
HOSPITALITY & CO.

www.millvalleykitchen.com

FLATBREADS

cold fermented sourdough with mozzarella

TOMATO, FRESH MOZZARELLA, & BASIL .....

725 | 25 | 100 | 25 | 8

PIPPERADE, CHICKEN CONFIT, FONTINA, PICKLED RED ONION.....

930 | 53 | 63 | 49 | 3

PEPPERONI & HOT HONEY.....

900 | 50 | 78 | 35 | 2

ROASTED MUSHROOM, TRUFFLE, HERBED RICOTTA, POMODORACCIO TOMATO\*\*

810 | 30 | 96 | 39 | 14

ENTREES

DAILY OMELETTE\* .....

seasonal selection, side salad

HUEVOS RANCHEROS\* {GF} .....

chorizo, black beans, salsa verde, radish, avocado

580 | 31 | 30 | 48 | 6

RATATOUILLE {GF, V}.....

roasted vegetables, pistachio romesco, quinoa cake, confit tomato, micro blend

375 | 18 | 40 | 10 | 10

MISO GLAZED SEA BASS\* {GF} .....

ginger-shiitake quinoa, sweet and sour cucumber, cilantro

580 | 22 | 83 | 20 | 18

KIMCHI FRIED RICE BOWL\* {GF}.....

chicken thigh, broccoli, carrot, shiitake, peas, yum yum sauce, fried egg \*contains shrimp\*

550 | 29 | 35 | 40 | 35

HANDMADE SPAGHETTI {DF} .....

braised pork, collard greens, broth, togarashi

910 | 45 | 87 | 38 | 8

HERB CRUSTED PORK TENDERLOIN\* {GF, DF} .....

braised cabbage, poached apple compote, candied walnuts

870 | 61 | 31 | 51 | 12