

BRUNCH

{GF} gluten free
{DF} dairy free
{V} vegan
{VA} vegan adaptable



Sunday: 10am-9pm
Monday - Thursday: 11am-9pm
Friday: 11am-10pm
Saturday: 10am-10pm

MORNING FARE

DAILY OMELETTE*\$18

two eggs, seasonal selection, side salad

THE STANDARD*\$18

two eggs any style, crispy potatoes, bacon or chicken sausage, choice of toast

660 | 36 | 52 | 30 | 5

AVOCADO TOAST* {VA}\$18

two eggs any style, marinated tomatoes, radish, cilantro, sunflower seeds

600 | 46 | 27 | 23 | 9

SHAKSHUKA*\$18

spiced tomato sauce, poached eggs, feta, cilantro, bacon or chicken sausage, choice of toast

770 | 56 | 37 | 31 | 6

HUEVOS RANCHEROS* {GF}\$19

two eggs any style, chorizo, black beans, salsa verde, radish, avocado

580 | 31 | 30 | 48 | 6

CLASSIC BENEDICT*\$21

poached eggs, ham, hollandaise, side salad

940 | 69 | 29 | 48 | 3

CALIFORNIA BENEDICT*\$20

poached eggs, avocado, spinach, tomato confit, fresno chile, cilantro, hollandaise, side salad

790 | 63 | 33 | 25 | 5

SMOKED SALMON BENEDICT*\$21

poached eggs, kale, caper-shallot-dill hollandaise, side salad

920 | 68 | 32 | 45 | 6

KIMCHI FRIED RICE BOWL* {GF}\$23

chicken thigh, broccoli, carrot, shiitake, peas, yum yum sauce, fried egg *contains shrimp*

550 | 29 | 35 | 40 | 35

SWEET

BDE MAKA SKA BOWL\$15

greek yogurt, granola, fresh berries, honey, mint

540 | 13 | 82 | 29 | 9

MVK SMOOTHIE BOWL\$16

fresh fruit, seasonal house sorbet, granola, greek yogurt, berries, honey

670 | 16 | 131 | 7 | 10

BRIOCHE FRENCH TOAST\$18

fresh berries, whipped cream, powdered sugar

1050 | 47 | 133 | 23 | 3

BLUEBERRY QUINOA PANCAKES\$18

fresh berries, whipped cream, powdered sugar

710 | 23 | 40 | 19 | 5

featured farmer:

Larry Schultz
Organic Farms

our organic eggs

*These items are served raw or undercooked or may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food born illness, especially if you have certain medical conditions.

**Wild mushrooms are not an inspected product and are harvested from a non inspected site.

Menu items reflect cash prices.
Payments made by credit card are subject to a 3% convenience fee.

NUTRITIONAL INFORMATION

from left to right, the numbers under each menu item represent:
calories | fat | carbohydrates | protein | fiber

HANDHELDS

served with
side salad

BREAKFAST BURRITO*

scrambled egg, black bean,
potato, pico de gallo, cheddar,
avocado, harissa aioli

600 | 40 | 42 | 20 | 14

- \$18 -

EGG & CHEESE SANDWICH*

cheddar scrambled eggs, chicken
sausage or bacon, kale, biscuit

560 | 25 | 50 | 6 | 34

- \$17 -

MEDITERRANEAN WRAP

grilled chicken, tomato, onion,
cucumber, harissa, tzatziki

430 | 20 | 25 | 39 | 6

- \$19 -

FALAFEL WRAP

house falafel patty, lettuce,
tomato, red onion, tzatziki,
harissa aioli

870 | 41 | 90 | 39 | 18

- \$18 -

FELLERS RANCH WAGYU SMASH BURGER*

cheddar, lettuce, tomato, onion,
special sauce

880 | 56 | 37 | 57 | 4

- \$21 -

BISON BURGER*

lettuce, tomato, onion,
lemon aioli
add cheese +\$1, egg +\$2,
bacon +\$3

800 | 54 | 33 | 44 | 7

- \$23 -



Northern
HOSPITALITY & CO.

www.millvalleykitchen.com

SALADS

MIXED GREEN SALAD {GF, VA}\$13

spring mix, chèvre, dried cranberries,
pepitas, ground flax seed, red wine
vinaigrette

250 | 20 | 13 | 7 | 3

BABY KALE SALAD {GF, VA}\$13

manchego, pine nut, lemon-chili
vinaigrette

230 | 26 | 17 | 9 | 3

CLASSIC CAESAR\$15

gem lettuce, caesar dressing, cherry
tomato, brioche crouton, parmesan, chive

480 | 41 | 16 | 16 | 4

..... ADD PROTEIN

CHICKEN BREAST {GF}

190 | 3.5 | 0 | 36 | 0

- \$10 -

GRILLED SALMON* {GF}

230 | 14 | 0 | 25 | 0

- \$15 -

GRILLED GARLIC SHRIMP* {GF}

135 | 3 | 1 | 27 | 0

- \$12 -

TERES MAJOR STEAK* {GF}

250 | 15 | 0 | 28 | 0

- \$16 -

SIDES

HUMMUS {V}

chermoula, pine nuts, cauliflower,
sourdough pinsa

580 | 22 | 83 | 20 | 18

- \$18 -

FRUIT PLATTER {GF, V}

140 | 0.5 | 36 | 2 | 6

- \$14 -

CRISPY POTATOES {GF, VA}

bell peppers, onions,
smoked crème fraîche

370 | 13 | 58 | 8 | 9

- \$10 -

FRENCH FRIES {GF, VA}

lemon aioli

370 | 13 | 58 | 8 | 9

- \$12 -

BUTTERMILK BISCUITS

seasonal jam & butter

560 | 20 | 65 | 8 | 1

- \$6 -

CHICKEN SAUSAGE {GF}

210 | 11 | 5 | 23 | 0 |

- \$8 -

BACON {GF}

310 | 24 | 0 | 20 | 0 |

- \$9 -